



REMEDY

KITCHEN

OUR ENTIRE MENU IS GLUTEN, WHEAT, DAIRY, SOY & REFINED SUGAR FREE.

V | SUITABLE FOR VEGETARIANS
VE | SUITABLE FOR VEGANS
S | CONTAINS SESAME
N | CONTAINS NUTS

DRINKS

Prepared with your choice of oat, almond, cashew or coconut milk.

SPECIALITY COFFEE

Espresso	£2.20
Macchiato	£2.40
Americano	£2.60
Flat White	£2.90
Cappuccino	£3.00
Latte	£3.10
Mocha	£3.50

SIGNATURE HOT

Matcha Latte	£3.50
Turmeric Latte	£3.50
Beetroot Latte	£3.50
Hot Chocolate	£3.50

ICED COFFEE

Iced Latte	£3.10
Iced Americano	£2.60
Maple Shot	+50p

TEA £2.40

English Breakfast
Earl Grey
Green Tea
Peppermint Tea
Summer Berry Tea
Nettle Tea

HOT TONICS £1.95

Fresh Mint
Honey and Lemon

SIGNATURE SMOOTHIES £4.00

Green Glow
Avocado, spinach, apple, coconut milk **VE**

Morning Routine
Double Espresso, banana, cacao, oat milk **VE**

Coco-berry
Fresh berries, banana, coconut milk **VE**

Strawberry Lemonade
Strawberry, lemon juice, banana, oat milk **VE**

FRUIT COOLERS £4.00

Blueberry & Mint **VE**
Strawberry & Lime **VE**

SOFT DRINKS

Still water £1.50
Sparkling water £1.50

Fresh Orange Juice £3.50
Fresh Apple Juice £3.50

Kombucha £3.50
*Ask your server for
available flavours*

BREAKFAST & BRUNCH | SERVED ALL DAY

Pulled Steak & Eggs £11.00

Slow cooked beef brisket, poached eggs, served on toasted gluten free bread with salsa verde

Full English Breakfast £10.50

Poached eggs, avocado, crispy bacon, gluten free sausages, tomato, toasted gluten free bread

Eggs Benedict £8.95

Poached eggs, dairy free hollandaise, crispy bacon, served on toasted gluten free bread

Eggs Royale £9.50

Poached eggs, smoked salmon, dairy free hollandaise, served on toasted gluten free bread

Healthy Start £9.00

Poached eggs, avocado, spiced hummus, tomato, gluten free toast, micro greens **V | S**
+ smoked salmon £1.50

Avocado On Toast £6.95

Avocado on toast served with tomato & basil salsa **V**
+ poached eggs £1.50

Dairy Free Porridge £6.50

Made with nut milk, sprinkled with pumpkin seeds, berries & freeze dried raspberries **VE | N**

Bacon Sandwich £5.50

Crispy bacon, toasted gluten free roll, home-made tomato sauce
+ an egg for 75p

Breakfast Pancakes £6.95

Banana protein pancakes, yoghurt, granola, berries **VE | N**

Coconut Yoghurt Bowl £5.95

Refreshing & light coconut yoghurt, served with a sprinkle of maple granola, fresh berries and fruit compote **VE | N**

Extras £1.50

+ 2 poached eggs
+ Smoked Salmon
+ Avocado
+ Gluten free toast
+ Bacon or Sausages
+ Spiced hummus

LUNCH | SERVED FROM 12PM

MAINS

Teriyaki Chicken £11.95

Fresh julienne salad, avocado, sesame, coriander **S**

Hot Smoked Salmon Fillet £11.95

Fresh courgette, cucumber & pink cabbage salad with pumpkin seeds & micro mint **N**

Sweet Potato, Lentil & Ginger Salad £9.95

Pistachio pesto, micro greens **VE | N**

Spiced Super Salad £9.95

Chickpeas, sweet potato, pickled courgette, pomegranate seeds, pine nuts, lemon & maple dressing **VE | N**

Avocado & Black Rice Bowl £8.95

Black rice, avocado, pickled cabbage, courgette, micro greens, tahini dressing **VE | S**

Add to any dish £1.50

+ Avocado
+ Smoked Salmon
+ Spiced hummus

SOMETHING LIGHT

All served on gluten free sourdough

Spiced Hummus on Toast £5.95 **V | S**
Fresh Tomato Bruschetta, Balsamic £5.95 **V**
Smoked Salmon & Avocado on Toast £7.95

SOMETHING SWEET

Dark Chocolate Pistachio Tart £5.95

Rich & indulgent, served with coconut whip **VE | N**

Protein Pancakes £6.50

Vanilla protein & banana pancakes topped with fresh berries & maple syrup **VE**

Warm Brownie & Coconut Whip £5.95

Served with chopped pistachios **VE | N**

Carrot Cinnamon Bake £5.95

Served with a drizzle of date syrup **N**

** All dishes may contain traces of nuts & sesame.*

UNIT 19, ROYAL EXCHANGE ARCADE, M2 7EA

**INFO@THEREMEDYKITCHEN.CO.UK
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**MON - FRI, 8AM - 6PM
WEEKENDS, 9AM - 5PM**

