

LA NOSTRA FLECA

OUR BAKERY

If you ask a Catalan what is the best Catalan invention they would say their bread with tomato!

PA DE PAGÈS AMB TOMÀQUET (V) Coca bread, tomato, olive oil	4.9
COCA DE VIDRE AMB TOMÀQUET (V) Light crunchy bread, tomato, olive oil	3.9
PA SENSE GLUTEN (V) Gluten free bread, tomato, olive oil	3.5

EMBOTITS I FORMATGES

OUR CHARCUTERIE & CHEESES

To enjoy whilst having a drink or to get you started. With delicacies from Catalonia and one of the best Iberian ham in the world.

TAULA D'EMBOTITS CATALANS 100gr Catalan charcuterie board. Llonganissa, fuet, botifarra blanca, peltruc negre and sobrassada	14.0
TAULA DE PERNIL IBÈRIC 60gr Iberian ham <i>Arturo Sánchez</i>	18.0
TAULA D'EMBOTITS IBÈRICS 80gr Iberian charcuterie board. Llom, <i>salchichón</i> , xoriço, Iberian ham <i>Arturo Sánchez</i>	22.0
TAULA DE FORMATGES 120gr Catalan cheese board. Tou de til·lers, Petit nevat, Cantell, Serrat de triado, Garrotxa bauma and Bufalet blau	14.0

TRAMUNTANADES

SMALL BITES, LOTS OF JOY (1 UNIT)

From a selection of dishes served by Paco Pérez in his Miramar restaurant, these are served in units.

DUCK'IN DONUT (2012) Duck liver, chocolate, raspberry	3.8
SANDWICH DE FORMATGE TRUFAT (2017) Tou de til·lers cheese, truffle confit	4.4
PATATES D'OLOT 2.0 Potatoes, beef cheeks, carrot mayo	4.0

TASTETS

Tastet is a word of catalan origin meaning 'a small taste of food'.
They are larger than a starter and smaller than a main.
It is the perfect way to try new flavours as well as traditional favourites.
For two people, 3 – 5 tastets are ideal, depending how hungry you are.



ELS NOSTRES FREGITS

FRIED BITES

CROQUETA DE PEBROT ESCALIVAT (V) Red pepper croquette (1 unit)	1.7
CROQUETA DE PERNIL IBÈRIC Iberian ham croquette (1 unit)	1.9
CROQUETA DE POLLASTRE ROSTIT Roasted chicken croquette (1 unit)	1.7
BOMBA DE LA BARCELONETA (V) Potatoes, button mushroom, mushroom mayo (1 unit)	6.0
OU D'ÀNEC, XIPIRONS I SALSA TARTAR Duck egg, baby squid, potato, tartar sauce	10.5
ALETES DE POLLASTRE LA MASIA Chicken wings, picada foam sauce	7.2
ALBERGINIA Aubergine, anchovy mayo, molasses, sesame	6.5
TEMPURA DE LLOBREGANT Lobster, potatoes, egg, lobster mayo	18.0

DE L'HORT

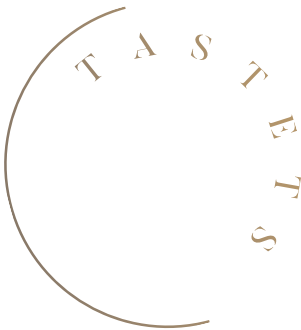
FROM THE GARDEN

MELÓ I AMETLLA (V) Melon, almond	6.5
ESPÀRRECS VERDS, BAUMA, CHERRY I RUCULA (V) Green asparagus, bauma cheese, cherry tomatoes and rocket	7.0
ESPINACS A LA CATALANA (V) Spinach, pine nuts, raisins	7.0
COCA DE RECAPTE (V) Crunchy flat bread, red pepper, aubergine, onion, tomato	6.5

DEL MAR

FROM THE SEA

TOMÀQUET I BOU DE MAR King crab, tomato, basil	11.0
ANXOVES I ESCALIVADA Anchovies, red pepper, garlic	9.5
SARSUELA D'ESTIU Monkfish, red prawns, saffron mayo	15.0
POP A LA BOQUERIA Octopus, romesco, potato, oloroso wine	11.0
ANGUILA ALL I PEBRE Eel, potato, red chilli	13.8



(V) FOR VEGETARIAN

IF YOU HAVE ANY OTHER DIETARY REQUIREMENTS PLEASE LET OUR TEAM KNOW, WE WILL TRY TO HELP
WE WORK WITH NUTS, CRUSTACEANS, MOLLUSCS, AND OTHER ALLERGENS IN THE RESTAURANT SO WE CANNOT
GUARANTEE THERE WON'T BE TRACES OF THEM IN OUR FOOD.

PLEASE LET US KNOW AS SOON AS POSSIBLE OF ANY ALLERGIES IN YOUR PARTY SO THAT WE CAN ACCOMMODATE AND
ADVISE. IF YOU HAVE A SEVERE ALLERGY PLEASE NOTE WE MAY NOT BE ABLE TO ACCOMMODATE TO YOUR
REQUIREMENTS, BUT ASK FOR A MANAGER AND WE WILL TRY TO HELP.